

# Kentucky Medicaid: Pregnancy and Case Management Services

## Purpose:

To outline Medicaid-covered services for pregnant and postpartum members, including case management/care coordination, as commonly offered by KY Medicaid and its MCOs.

## Eligibility (typical):

- Medicaid-eligible pregnant person (including presumptive eligibility).
- Up to at least 60 days postpartum; many plans now extend to 12 months postpartum.

## Covered/Available Services:

1. Prenatal and postpartum office visits and hospital delivery.
2. Maternity case management/care coordination to help:
  - Find and keep OB appointments
  - Arrange transportation (Medicaid NEMT)
  - Address social needs (housing, food, IPV, SUD, mental health)
3. Behavioral health screening (perinatal mood and anxiety).
4. Linkage to KY Moms / MATR or similar programs for pregnant members with SUD.
5. Dental, pharmacy, and breastfeeding supports when available by plan.

## Case Manager / TCM Tasks:

- Complete needs & strengths screening for mom and infant.
- Create a care plan that includes OB provider, PCP, and behavioral health.
- Make and confirm medical appointments; document no-shows.
- Coordinate with DCBS, WIC, local health department, and MCO maternity program.

## Key Kentucky Sources (2025):

- CHFS/DMS maternal health resource guides
- MCO maternity/case management programs (Anthem, Humana, UHC, Passport/Molina)
- Local health departments for WIC, immunizations, and perinatal supports

Note: Always confirm the member's MCO for plan-specific maternity benefits, including incentives, home visits, and SUD-focused services.