



Acronym Key For Recovery Healthcare Services



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Core TCM & KY agencies

- **TCM** – Targeted Case Management
- **DBHDID** – Department for Behavioral Health, Developmental & Intellectual Disabilities (KY)
- **DMS** – Department for Medicaid Services (KY)
- **CHFS** – Cabinet for Health & Family Services (KY)
- **KAR / KRS** – Kentucky Administrative Regulations / Kentucky Revised Statutes
- **KBN** – Kentucky Board of Nursing
- **MCO** – Managed Care Organization (Medicaid health plan)

Privacy, consent, and records

- **ROI** – Release of Information (written consent to share info)
- **HIPAA** – Health Insurance Portability & Accountability Act (privacy law)
- **42 CFR Part 2** – Federal rule giving extra privacy to SUD treatment info
- **PHI** – Protected Health Information
- **EHR** – Electronic Health Record



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Eligibility & medical-necessity basics

- **EPSDT** – Early & Periodic Screening, Diagnostic & Treatment (Medicaid benefit <21)
- **UM** – Utilization Management (plan review process)
- **PA** – Prior Authorization (plan approval needed before service)
- **LOC** – Level of Care (service intensity needed)

Behavioral health terms

- **BH / MH** – Behavioral Health / Mental Health
- **SUD** – Substance Use Disorder
- **AUD / OUD / TUD** – Alcohol / Opioid / Tobacco Use Disorder
- **SMI / SED** – Serious Mental Illness / Severe Emotional Disability (youth)
- **IDD / DD/ID** – Intellectual & Developmental Disabilities / Developmental or Intellectual Disabilities
- **DSM-5-TR** – Diagnostic and Statistical Manual of Mental Disorders (current edition)
- **SDOH / HRSN** – Social Determinants of Health / Health-Related Social Needs



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Providers, programs, and settings

- **PCP** — Primary Care Provider
- **FQHC** — Federally Qualified Health Center
- **OVR / VR** — (Office of) Vocational Rehabilitation
- **DCBS** — Department for Community Based Services (KY child welfare/benefits)
- **DOC / PO** — Department of Corrections / Probation Officer
- **CSC** — Coordinated Specialty Care (first-episode psychosis team)
- **IDDT / ACT** — Integrated Dual Disorder Treatment / Assertive Community Treatment

Evidence-based treatments & tools

- **MI** — Motivational Interviewing
- **CBT / DBT** — Cognitive-Behavioral Therapy / Dialectical Behavior Therapy
- **TF-CBT** — Trauma-Focused CBT (youth)
- **PE / CPT / EMDR** — Prolonged Exposure / Cognitive Processing Therapy / Eye Movement Desensitization & Reprocessing (PTSD)
- **ERP** — Exposure & Response Prevention (OCD)
- **CM (Contingency Management)** — Incentives for meeting recovery targets



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Medications & prescribing shorthand

- **MOUD / MAT** — Medications for Opioid Use Disorder / Medication-Assisted Treatment (older term)
- **LAI** — Long-Acting Injectable (antipsychotic)
- **SSRI / SNRI** — Antidepressant classes (selective serotonin / serotonin-norepinephrine reuptake inhibitors)
- **NRT** — Nicotine Replacement Therapy (patch/gum/lozenge)

Screening & brief measures (useful in TCM care plans)

- **PHQ-9 / GAD-7** — Brief screens for depression / anxiety
- **COWS / CIWA-Ar** — Clinical Opiate Withdrawal Scale / Alcohol withdrawal scale
- **SBIRT** — Screening, Brief Intervention, and Referral to Treatment



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Cultural & access standards

- **CLAS** — Culturally & Linguistically Appropriate Services (national standards)
- **LEP** — Limited English Proficiency (triggers interpreter access)

Documentation & quality

- **HEDIS / NCQA** — Quality measures set / National Committee for Quality Assurance
- **QA / QI** — Quality Assurance / Quality Improvement
- **SBAR** — Situation-Background-Assessment-Recommendation (concise handoff format)